



Nyange Adventures Ltd
"Come as a client, leave as a friend"

Kilimanjaro Climb
Lemosho Route - 8 days/7 nights

The Lemosho Route is one of the newer routes on Mt. Kilimanjaro starting on the western side of the mountain just beneath the Shira Route.

Although it is one of the longer routes, it is also one of the most scenic and highly recommended for good acclimatization. There is also the option to include an overnight stay in Kibo Crater – a popular choice for adventurers who have the budget and time.

Climbs can take seven to eight days; however, we always advise choosing the longer route for the best chance of acclimatization and reaching the summit.



Moshi Arrival

To make your trip as easy as possible, we can offer accommodation in Moshi before and after the climb. Or if you'd prefer, you can stay at a hostel/hotel of your choice. We can also offer airport transfers to and from Kilimanjaro Airport if required. A pre-climb briefing will be arranged with one of our mountain guides to ensure that you have all the correct mountain climbing gear (see our packing list for further information). We'll also talk you through what will be expected during the climb and share all our best secrets for conquering the highest point of Africa!

Day 1: Lemosho Trailhead (2,000m/6,600ft) to Mti Mkubwa Camp (Big Tree Camp – 2,800m/9,100ft)

Elevation Gain: 800 metres / 2,500 feet

Hiking Time: Approximately 3 to 4 hours

Habitat: Rainforest

After breakfast, you'll be picked up from your hostel/hotel and driven to Londrosi Gate (which is approximately 3 hours from Moshi). After registration, you will then drive a further 12km on a forest track that leads to the Lemosho starting point. From here you will enter the beautiful and undisturbed rainforest to begin your ascent up the mountain. This is by no means a difficult trek, but it will give you plenty of time to adjust and witness some of Tanzania's wildlife. Sightings of Black and White Colobus monkeys and small antelopes are quite common, and you may even be lucky enough to spot buffalos and elephants too. After 3 to 4 hours of trekking, you will arrive at Mti Mkubwa Camp, also known as Big Tree Camp because of the large conifer trees that provide shade over the campsite.

Day 2: Mti Mkubwa Camp (2,800m/9,100ft) to Shira 1 Camp (3,500m/11,500ft)

Elevation Gain: 700 metres / 2,400 feet

Hiking Time: Approximately 5 hours

Habitat: Moorland

On the second day, you'll rise early for breakfast and begin climbing a slightly steeper gradient through the moorland vegetation zone. Here you will start to get fantastic views of Kibo, the summit cone of Mt. Kilimanjaro, while continuing along a rocky ridge to Shira Plateau. Shira is actually a collapsed volcanic crater and was the first of Kilimanjaro's three volcanic cones to expire. Once on the plateau, the trail becomes a little easier as you make your way to Shira Camp. If it's a clear day, you'll also get to enjoy superb panoramic views.

Day 3: Shira 1 Camp (3,500m/11,500ft) to Shira 2 Camp (3,840m/12,600ft)

Elevation Gain: 340 metres / 1,100 feet

Hiking Time: Approximately 5 hours

Habitat: Moorland

After breakfast, you will then continue to hike across the rocky ridge onto Shira Plateau, where you will be able to see the easterly side and the western breach with its dramatic glaciers. You are now on the west of Kibo Peak and it will take another short walk before reaching the Shira Two Campsite. Tea/coffee and some nuts will be served to help warm up your body before the main dish of the evening and retiring to sleep. Shira 2 Camp is very exposed and will be much colder with temperatures dropping below freezing point.

Day 4: Shira Camp (3,840m/12,600ft) to Barranco Camp (3,850m/12,650ft) via Lava Tower (4,550m/14,900ft)

Elevation Gain: 710 metres / 2,300 feet

Elevation Loss: 700 metres / 2,250 feet

Hiking Time: Approximately 6 to 7 hours

Habitat: Alpine desert

The route now takes you into semi-desert and rocky landscapes surrounding Lava Tower, a 300ft high volcanic rock formation. You'll then ascend the rocky scree path to Lava Tower for great panoramic views, before a steep descent into the Barranco Valley. You may find this trek a little tougher than the previous days as some hikers usually start to experience symptoms of

altitude sickness. Although you will finish today's climb at almost the same elevation as you started, this is very good practice for acclimatisation and will help prepare your body for summit day. Barranco Camp lies below the imposing Barranco Wall in a beautiful, sheltered valley.

Day 5: Barranco Camp (3,850m/12,650ft) to Karanga Camp (3,995m/13,106ft)

Elevation Gain: 145 meters / 456 feet

Hiking Time: Approximately 4 to 5 hours

Habitat: Alpine desert

This will be a shorter day of hiking to allow for acclimatization. After breakfast, you will begin to ascend the Barranco Wall and hike glacial valleys – but don't worry, it is easier than it looks! From the top of the wall, you will then cross a series of hills and valleys before descending into Karanga Valley. After one more steep climb, you'll reach Karanga Camp where you will relax for the afternoon before dinner and an overnight rest.

Day 6: Karanga Camp (3,995m /13,106ft) to Barafu Camp (4,600m /15,100ft)

Elevation Gain: 605 metres / 1,994 feet

Hiking Time: Approximately 3 to 4 hours

Habitat: Alpine desert

After breakfast, you will leave Karanga and hit the junction which connects to the famous Mweka Trail. You will then continue along the rocky ridge for 1 to 2 hours before reaching Barafu Camp, which offers stunning views of Mt. Kilimanjaro's summit from various angles. Your tents will be pitched along a narrow and rocky ridge with high winds. It's therefore worth taking some time to familiarize yourself with your surroundings before it gets dark. Rest for the night at Barafu Camp and prepare for the upcoming hike to the summit.

Day 7: Barafu Camp (4,600m/15,100ft) to Uhuru Peak (5,895m/19,300ft) then descending to Mweka Camp (3,110m/10,200ft)

Elevation Gain: 1,295 metres / 4,200 feet

Elevation Loss: 2,785 metres / 9,100 feet

Hiking time: 6 to 7 hours to Uhuru Peak; 7 to 8 hours to Mweka Camp

Habitat: Arctic conditions

This is where the going gets really tough! Just before midnight, you will venture into the night and begin your final ascent to the summit of Mt Kilimanjaro. Head northwest through the heavy stone scree following multiple switchbacks between Ratzel and Rebmann glaciers until you reach Stella Point (5,685m). This section is probably the most challenging part of the route, and will require great physical and mental effort. Continue to move slowly, always listening to your guide.

After a short rest at Stella Point, you will hike along the crater rim for another hour before reaching your ultimate goal – Uhuru Peak! **Congratulations! You have now made it to the "Roof of Africa"**. Weather conditions on the summit will determine how long you will be able to spend there, but it is important to start your descent within good time to ensure you get enough rest back at Barafu Camp. After your rest, you'll gather the rest of your belongings and descend to Mweka Hut (3,100m) where you'll enjoy dinner and a well-earned sleep!

Day 8: Mweka Hut (3,100m) to Mweka Gate (1,980m)

Elevation Loss: 1,280 metres / 4,220 feet

Hiking time: Approximately 3 to 4 hours

Habitat: Rainforest

After eating breakfast, you will begin the easiest part of your adventure on Mount Kilimanjaro via a scenic path through the forest to Mweka Gate. Successful hikers who made it to Stella Point and Uhuru Peak will be awarded their certificates at the gate. Then it's time to drive back to your hotel to enjoy a shower, dinner and celebrations with a Kilimanjaro beer!

Tour Price: Please contact us directly for a quote.

This price will include the following services:

- All park fees (entry, camping, forest department and rescue fees)
- Three meals a day (breakfast, lunch and dinner) while on the mountain
- Accommodation and facilities
- Salaries for the team (guide, assistant guide, cook and porters (you will have two guides for every two people - subject to a minimum of two guides - and three porters for every person. So, you can see how the cost for the crew can add up!)
- Transport to and from the gate
- Drinking water
- Oxygen cylinder and ox meter

The price does not include:

- Tips for the team (guide, assistant guide, cook and porters)
- All personal mountain climbing gear and equipment
- Alcoholic and soft drinks
- Travel insurance and visa

You may be wondering - why is it so expensive to climb Kilimanjaro?

Kilimanjaro National Park charges three separate daily fees: an entrance, camping, and rescue fee. All these costs amount to over \$135 US dollars per person for each day on the trek. The rest of the cost includes incredible food, accommodation, additional fees, and most importantly your hardworking crew.

Ethical Climbs

We are now certified for ethical climbs through the Kili Porters Association [KPAP](#) which ensures the fair and ethical treatment of mountain crews. They ensure every climb has been certified to provide fair salaries, conditions, food, clothing and sleeping conditions for crew members.

While others may offer at a lower rate, BEWARE!! They may not offer adequate crew numbers or guides properly trained in First Responders Wilderness Safety. These operators cannot ensure fair and ethical treatment to their porters, which sadly are very exploited in this industry.

Why should you book with us?

By supporting us as a local business, you are helping support job security here in the community. We believe in strong corporate social responsibility and support many community development projects that you can learn about on [our website](#).

Our experienced and dedicated staff will always go the extra mile to ensure that you enjoy a once-in-a-lifetime experience. But don't just take our word for it - check out what our other clients have to say about us on [Tripadvisor](#) and see why we say, "come as a client and leave as a friend."

**For detailed information or other itineraries,
please contact Nyange Adventures**

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